

Occurrence of Aflatoxin B_1 in wheat grains samples stored in Egyptian homes: seasonal and regional studies

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Abstract:

he present study aims to investigate the occurrence of aflatoxin B₁, the most important mycotoxins and potent natural carcinogen known, in wheat grains samples stored in Egyptian homes. Wheat (*Triticum vulgare* L.) grains samples were collected from different villages in two Egyptian Governorates, Sharqia and Minia, during the period (2017-2018) and used immediately for Aflatoxin B₁ (AFB₁), moisture and fat determination. AFB₁ in samples were varied from 0.89 to 3.12 and 1.01 to 3.79 µg.kg-1 in Sharqia and Minia governorates samples, respectively. Also, the moisture and fat contents were varied from 12.67 to 16.02 and 1.28 to 1.93 g.100g⁻¹ (in Sharqia) and 12.79 to 15.79 and 1.42 to 1.94 g.100g⁻¹ (In Minia) Governorates samples, respectively. Samples with the higher AFB₁ concentration are the samples of higher moisture and fat content. A percent of 33.33 and 41.66% of the tested wheat grains samples recorded AFB₁ concentration more than the maximum permissible limits for human consumption (2 μg/kg AFB₁) in Sharqia and Minia Governorates, respectively. When all wheat samples were included in the statistical analysis, there was a positive significant (p ≤ 0.05) relationship between moisture content (r² = 0.6878), fat content (r² = 0.6373) and AFB1 concentration. These correlations confirm that moisture content is mainly participate for the AFB₁ concentration of the tested wheat grain samples while fat content are partially participated. Significant variations in AFB₁ were observed amongst the samples tested which clearly indicated seasonality and regional factors affected. In conclusion, consumption of some wheat sampled storage by traditional methods can pose a potential risk of development of various diseases in human as the result of such wheat grains with high levels of AFB₁. Also, for the proper storage of wheat grains, environmental factors such as moisture content and temperature must be controlled.

Keywords: Wheat grains, AFB₁, moisture, fat, Minia Governorate, Sharqia Governorate, correlation analysis.

Introduction

Wheat is among the important cereal crops of Egypt and are consumed in various ways by almost the entire population of the country. Wheat is exclusively cultivated as a winter crop in 3,378,659 Fadden with a

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production of millions 2015 tones in the year (http://www.masrawy.com/News/News_Egypt/details/ 2016/1/4/726778/). Harvested grains are stored by farmers for considerable periods in various types of storage structures, usually made of mud, open shads, in canvas or plastic sacks. Earthenware containers (Swmaa) of different shapes and sizes are also used frequently to store grains including wheat. Such as mentioned by Nasr (1998), Shapira, (2004) and Suleiman et al., (2013) these traditional storage methods inevitably provides suitable conditions for the growth and metabolism of the insects, rodents and microorganisms responsible for quality loss in stored grains.

A number of microorganisms including fungi have been reported to be associated with stored wheat and their products causing losses of food intended for human and animal consumption (Abdullah et al., 2000; Shapira, 2004; Algirdas et al., 2006; Laca et al., 2006; Balazs and Schepers, 2007; Binder et al., 2007; Agnieszka and Krzysztof, 2013). Indeed, four major species of fungi have been discovered belonging to the species of Aspergillus, Fusarium, Penicillium, and Claviceps that produced some major mycotoxins such as aflatoxin, ochratoxin A, fumonisim, and zearalenone (Paterson and Lima 2010; Mohd-Redzwan et al., 2013; and Blake and Mustafa, 2019). Aflatoxin can cause both acute and chronic toxicity in animals (Bennett and Klich, 2003; Barrett, 2005; Wu and Tritscher, 2011; Bommakanti and Waliyar, 2012). Effects such as acute liver damage, liver cirrhosis, liver cancers, induction of tumors and teratogenic and other genetic effects are well documented (Wu and Khlangwiset, 2010; Wu and Tritscher, 2011; Thrasher, 2012; USAID, 2012; Chu et al., 2018). Aflatoxin B1 (AFB1), the most toxic aflatoxin, is the most potent naturally occurring chemical liver carcinogen known. For people who are chronically infected with hepatitis B virus (HBV), aflatoxin consumption raises the risk of hepatocellular carcinoma (HCC; liver cancer) (Groopman et al., 2005 Chun et al., 2018). Acute aflatoxicosis, characterized by hemorrhage, acute liver damage, edema, and death, can result from extremely high doses of aflatoxin (Jiang et al. 2005, 2008, Turner et al. 2007; Khlangwiseta and Wua, 2011; and Blake and Mustafa, 2019).

Aflatoxin B1 (AFB1)



Therefore, the present work is a limited survey for determination the AFB₁ concentration in wheat grain samples collected from the Egyptian local markets. In line with recommended by the previous studies, the occurrence of stored grain AFB₁ is very much influenced by geographical and climatic conditions as well as environmental factors (Oyekale *et al.*, 2012; Agnieszka and Krzysztof, 2013 and Suleiman *et al.*, 2013; and Nikolett *et al.*, 2015), moisture and fat content will be determined in these wheat grain samples to investigate their relationship with the grain AFB₁ concentration detected.

Material and Methods

Materials

Wheat samples (1000 g) were collected from different villages in three Centers, Al-Bagour, Tala and Shebin El-Kom of Minoufiya Governorate, Egypt during the period (2013-2014). The collected samples were taken out randomly, transported to the laboratory and used immediately for analysis. Plastic polyethylene pages, one kilogram volume, used in samples collection were purchased from the local markets, Port Said City, Port Said, Egypt.

Chemicals and reagents: Aflatoxin B_1 from Aspergillus flavus and trifluoroacetic acid (TFA) were purchased from Sigma Chemical Co., St. Luis, MO. All other reagents and solvent were of analytical or HPLC grade were purchased from (Fisher, UK). De-ionized water (Milli-Q 18.2 M Ω) was used in the preparation of the mobile phases, reagent solutions and standards.



Methods

Determination of moisture and fat content

Wheat samples were analyzed for moisture and fat (Soxhelt miniautomatic apparatus Velp Company, Italy, petroleum ether solvent) were determined using the methods described in the A.O.A.C. (1995).

Determination of AFB₁ by HPLC

Sample extraction: Weigh 50g sample with 10g salt sodium chloride and place in blender jar (Al-Araby, Toshiba, Benha, Egypt). Add to jar 200 ml methanol: water (80:20). Cover blender jar and blend at high speed for 1 minute. Remove cover from jar and pour extract into fluted filter paper. Collect filtrate in a clean vessel.

Extract dilution: Pour 10 ml filtered extract into a clean vessel. Dilute extract with 40 mL of purified water and mix well. Filters dilute extract through glass microfiber filter into a glass syringe barrel using markings on barrel to measure 4 ml.

Sample elution: Pass 4 ml filtered diluted extract (4 ml= 0.2g sample equivalent) completely through AflaTest ®-P affinity column (VICAM, Watertown, MA) at a rate of about 1-2 drops/second until air comes through column. Pass 5 ml of purified water through the column at a rate of about 2 drops/second. Elute affinity column by passing 1.0 ml HPLC grade methanol through column at a rate of 1-2 drops/second and collecting all of the sample eluate (1ml) in a glass vial. Evaporated to dryness under stream of nitrogen and was determination of HPLC.

AFB₁ Derivatization: The derivatives of samples and standard were done as follow:100 μ l of trifluoroacetic acid (TFA) was added to samples and mixed well for 30 s and the mixture stand for 15 min. 900 μ l of water: acetonitrile (9:1 v/v) were added and mixed well by vortex for 30s .and the mixture was used for HPLC analysis.



HPLC analysis: Throughout this study a SP Thermo Separation Products Liquid Chromatography (Thermo Separation products, San Jose, CA) was used with a Consta Metvic 4100 pump, a Spectra Series AS100, Spectra System UV 1000 UV/Visible Spectrophotometer Detector, Spectra System FL 3000 and a PC 1000 system software. The columns used (PerkinElmer, Inc., Waltham, MA) were a C18 (3 μm, 100 x 4.6 mm I.d.) for AFB₁. An isocratic system mentioned by Troiano and Reuter (2007) was used for AFB1 separation as follow: Mobile Phase: Isocratic: 60:10:30 Water/ACN/MeOH, with 119-mg potassium bromide and 350-μL 4M HNO₃ , Flow rate: 1.2 mL/min, Temperature: Ambient, Fluorescence Detector: Ex_{362} nm and Em_{435} nm and Injection Volume: 100 μL.

Statistical Analysis

All measurements were done in triplicate and recorded as mean±SD. Statistical analysis was performed with the Student *t*-test and MINITAB 12 computer program (Minitab Inc., State College, PA).

Results and Discussion

AFB_1 concentration of wheat grain samples collected from the Egyptian local markets

Data in Table (1) and Figure (1) showed the AFB₁ concentration, in wheat grain samples collected from the Egyptian local markets during the period (2017-2018). From such data it could be noticed that the AFB₁ concentrations were varied from 0.89 to 3.12 and 1.01 to 3.79 µg.kg⁻¹ in Sharqia and Minia governorates samples, respectively. Significant (p≤0.05) variations in AFB₁ were observed amongst the samples tested which clearly indicated seasonality and regionally factors affected. Seasonality and regionally factors could be included the differentiation of temperature, relative humidity, pest activity etc. The European Union has enacted a very stringent aflatoxin tolerance threshold of 2 µg/kg aflatoxin B₁ and 4 µg/kg total aflatoxins for nuts and cereals for human consumption (Bankole and Adebanjo, 2003 and Blake and Mustafa, 2019). Therefore, 33.33 and 41.66% of the tested wheat grains samples recorded AFB₁ concentration more than the maximum permissible limits for human consumption (2) μg/kg AFB₁) in Sharqia and Minia governorates samples, respectively. Consumption of such aflatoxin-contaminated samples can pose a risk of development of various diseases in human and animals. Previous investigations showed that grains including wheat could be contaminated



by aflatoxins above the limits that may be critical for health. For example, Vargas *et al.*, (2001) reported that 38.3% of maize samples were contaminated with aflatoxin B_1 with a mean of 9.4 µg/kg and a maximum of 129 µg/kg. High aflatoxin levels in maize, in some other African countries, notably Benin and Togo have been reported and one third of the household grain, contained aflatoxins in the range of five-fold the safe limit (Wagacha and Muthomi, 2008).

The largest and the most severe documented aflatoxin poisoning has been reported at a level as high as $8,000~\mu g/kg$ in Kenya in 2004, causing 125 deaths out of 317 case-patients (Wagacha and Muthomi, 2008). Finally, fifty-one maize samples, intended for animal feed and human consumption, were collected from the four main maize production provinces in Iran and analyzed for aflatoxins. AFB₁ was detected in 58.3%, and 80% of the maize samples obtained from Kermanshah and Mazandaran provinces, respectively (Yazdanpanah, 2006 and Ghiasian *et al.*, 2011).

Table 1. AFB₁ concentration (μg.kg⁻¹) of wheat grain samples collected from the Egyptian local markets during the period (2017-2018)

Wheat sample (n-3)	Sharqia Governorate	Minia governorate
Batch 1 (May, 2017)	0.89 ± 0.11 *d	1.01 ± 0.51 *d
Batch 2 (June, 2017)	1.46 ± 0.6 b	1.85 ± 0.71 b
Batch 3 (July, 2017)	2.69 ± 0.56 ^a	3.01 ± 0.99 ^a
Batch 4 (August, 2017)	2.54 ± 0.51 ab	2.61 ± 0.56 ab
Batch 5 (September, 2017)	2.24 ± 0.48 b	2.42 ± 0.77 b
Batch 6 (October, 2017)	3.12 ± 0.99 ^a	3.78 ± 1.01 a
Batch 7 (November, 2017)	1.93 ± 0.26 °	1.83 ± 0.64 °
Batch 8 (December, 2017)	1.98 ± 0.34 °	2.31 ± 0.18
Batch 9 (January, 2018)	1.13 ± 0.17 d	1.14 ± 0.29 d
Batch 10 (February, 2018)	1.28 ± 0.3 b	1.39 ± 0.54 b
Batch 11 (March, 2018)	1.19 ± 0.41 cd	1.25 ± 0.62 °
Batch 12 (April, 2018)	1.01 ± 0.25 d	1.04 ± 0.43 d

^{*} Each value represents the mean of three replicates $\pm SD$. Values with the different superscript letters in the same column are significant at level p \leq 0.05



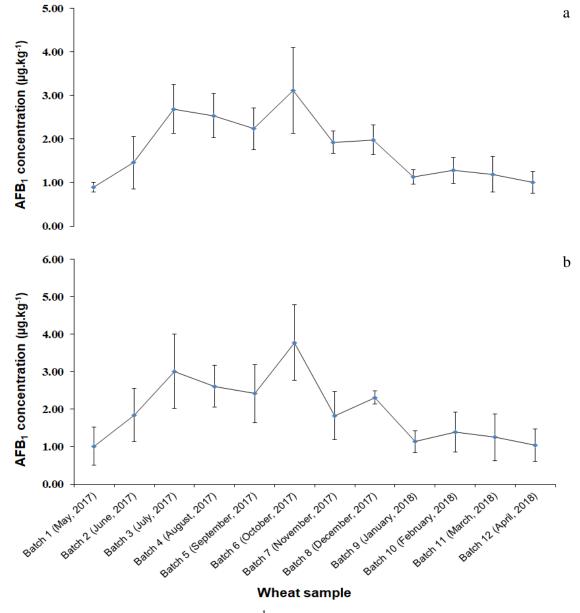


Figure 1. AFB₁ concentration ($\mu g.kg^{-1}$) of wheat grain samples collected from the Egyptian local markets during the period (2017-2018). a) Sharqia Governorate b) Minia Governorate. Each value represents the mean of three replicates $\pm SD$

Moisture and fat content of wheat grain samples collected from the Egyptian local markets during

Data in Tables (2-3) and Figures (2-3) showed the moisture and fat contents in wheat grain samples collected from the Egyptian local markets during the period (2017-2018). From such data it could be noticed that the moisture and fat contents were varied from 12.67 to 16.02 and 1.28 to 1.93



g.100g⁻¹ (in Sharqia) and 12.79 to 15.79 and 1.42 to 1.94 g.100g⁻¹ (In Minia) Governorates samples, respectively. Significant (p≤0.05) variations in moisture and fat content₁ were observed amongst the samples tested which clearly confirmed the seasonality and regionally factors affected. Also, samples with the higher AFB₁ concentration are the samples of higher moisture and fat content. By other meaning, data of the present study indicated that a significant (p≤0.05) variation in AFB₁ concentrations detected in wheat grain samples. Such variations could be attributed to the effect of AFs production factors behind each sample. Previous studies indicated that AFs production is the consequence of a combination of species, substrate and environment. The factors affecting AFs production include temperature, pH, relative humidity of the atmosphere, water activity, moisture, light, aeration and level of atmospheric gases (Abramson *et al.*, 1998; Mehrdad *et al.*, 2011 and Felizardo and Câmara, 2013; and Blake and Mustafa, 2019).

AFs production in the substrate can happen in the field and in storage conditions between 20 and 40 °C with a 10- 20% of moisture and 70-90% of relative humidity in the air (Raila *et al.*, 2006). Delayed drying as well as high moisture content and crop storage can cause postharvest contamination. High levels of aflatoxin B₁ contamination in rain-affected maize and rice at a level of 15600 and 1130 μg/kg respectively, was reported (Vasanthi and Bhat, 1998 and Mehrdad *et al.*, 2011). The development of the fungus producing AFs is favored if the grains are damaged by insects or rodents. Same spores of the substrate bud and grow as mycelia generators of AFs because, when breathing, they produce water increasing the humidity of the grains (Frisvad, 1995; Mehrdad *et al.*, 2011; Cimmarusti *et al.*, 2017; and Chu *et al.*, 2018).

Table 2. Moisture content (g.100g⁻¹) of wheat grain samples collected from the Egyptian local markets during the period (2017-2018)

Wheat sample (n-3)	Sharqia Governorate	Minia governorate
Batch 1 (May, 2017)	12.67 ± 1.23 *d	13.62 ± 0.78 *b
Batch 2 (June, 2017)	14.01 ± 0.67 °	14.30 ± 1.93 b
Batch 3 (July, 2017)	14.99 ± 0.88 b	15.37 ± 2.35 ^a
Batch 4 (August, 2017)	14.73 ± 2.11 b	15.10 ± 1.86 ^a
Batch 5 (September, 2017)	13.61 ± 1.04 °	13.95 ± 2.10^{-6}
Batch 6 (October, 2017)	16.02 ± 2.45 ^a	15.79 ± 2.25 a
Batch 7 (November, 2017)	13.47 ± 0.98 °	13.81 ± 1.06 b
Batch 8 (December, 2017)	13.64 ± 1.56 °	13.99 ± 2.07 b
Batch 9 (January, 2018)	11.67 ± 2.15 d	13.61 ± 0.45 b
Batch 10 (February, 2018)	13.70 ± 1.45 °	14.04 ± 0.99 b
Batch 11 (March, 2018)	13.27 ± 2.09 °	13.60 ± 0.63 b
Batch 12 (April, 2018)	13.78 ± 1.58 °	12.79 ± 0.67 °

^{*} Each value represents the mean of three replicates $\pm SD$. Values with the different superscript letters in the same column are significant at level p \leq 0.05

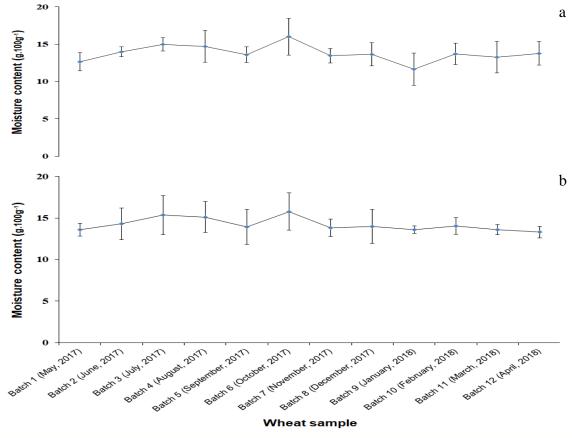


Figure 2. Moisture content (g.100g⁻¹) of wheat grain samples collected from the Egyptian local markets during the period (2017-2018). a) Sharqia Governorate b) Minia Governorate. Each value represents the mean of three replicates ±SD.

Table 3. Fat content (g.100g⁻¹) of wheat grain samples collected from the Egyptian local markets during the period (2017-2018)

Wheat sample (n-3)	Sharqia Governorate	Minia governorate
Batch 1 (May, 2017)	1.28 ± 0.23 *c	1.49 ± 0.10 *c
Batch 2 (June, 2017)	1.49 ± 0.34 b	1.71 ± 0.17 b
Batch 3 (July, 2017)	1.90 ± 0.11 ^a	1.94 ± 0.13 a
Batch 4 (August, 2017)	1.56 ± 0.32 b	1.65 ± 0.23 b
Batch 5 (September, 2017)	1.72 ± 0.22 bc	1.64 ± 0.16 b
Batch 6 (October, 2017)	1.93 ± 0.20 ^a	1.89 ± 0.22 a
Batch 7 (November, 2017)	1.52 ± 0.24 bc	1.56 ± 0.34 bc
Batch 8 (December, 2017)	1.62 ± 0.24 ab	1.79 ± 0.17 ab
Batch 9 (January, 2018)	1.67 ± 0.24 b	1.65 ± 0.13 b
Batch 10 (February, 2018)	1.50 ± 0.19 bc	1.58 ± 0.22 bc
Batch 11 (March, 2018)	1.58 ± 0.26 bc	1.62 ± 0.18 bc
Batch 12 (April, 2018)	1.39 ± 0.31 °	1.42 ± 0.19 °

^{*} Each value represents the mean of three replicates \pm SD. Values with the different superscript letters in the same column are significant at level p \leq 0.05.

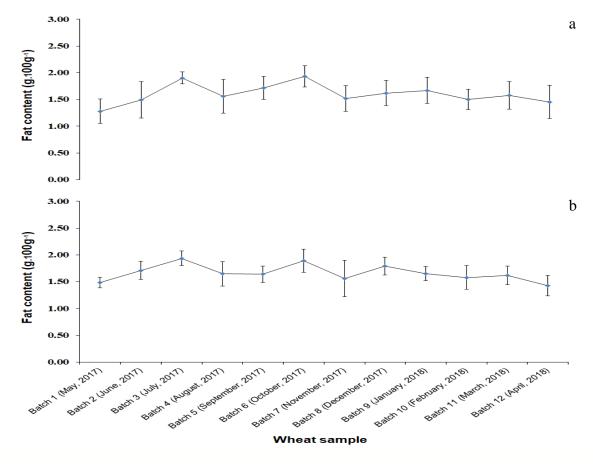


Figure 3. Fat content (g.100g⁻¹) of wheat grain samples collected from the Egyptian local markets during the period (2017-2018). a) Sharqia Governorate b) Minia Governorate. Each value represents the mean of three replicates ±SD



Correlation analysis

In the correlation analysis, important differences were found between moisture and fat content and AFB1 detected in wheat grain samples collected from the Egyptian local markets (Figures 4). When all wheat samples (two Governorates) were included in the statistical analysis, there was a positive significant (p≤ 0.05) relationship between moisture content $(r^2 = 0.6878)$, fat content $(r^2 = 0.6373)$ and AFB1 concentration. These correlations confirm that moisture content is mainly participate for the AFB₁ concentration of the tested wheat grain samples while fat content are partially participated. Also, these data indicates that many other environmental factors beside moisture and fat content including relative humidity, temperature, growth of microorganisms and insects infestation in the grains (Oyekale et al., 2012; Agnieszka and Krzysztof, 2013 and Suleiman et al., 2013; Nikolett et al., 2015; and Blake and Mustafa, 2019). Our data was confirmed by Chang and Markakis (1982), in the event of AF contamination, moisture content of 16% or higher are hazardous in the storage of grains at temperatures near 25°C. Also, Agnieszka and Krzysztof (2013) stated that harvesting high moisture grain including wheat has become, however, common practice to protect the grain from wet weather conditions which can cause weathering and mould infection of grain in the field. High moisture grain is susceptible to deterioration by microorganisms including fungi produced AF and hence should be dried before unacceptable quality loss occurs. About 13 % moisture content is considered to be the maximum value for the storage of different grains including wheat, corn, barley and rice during short periods, to avoid spoilage of grain with fungi (Laca et al., 2006). Regarding the relationship between the grain fat content and AFB₁ formation, dearth information is available. To interpret such relationship further studies in the future are required. In addition to the grain moisture and fat content, Oyekale et al., (2012) confirmed that to maintain high quality maize during storage, maize should been protected from weather (including relative humidity and temperature), growth of microorganisms and insects.



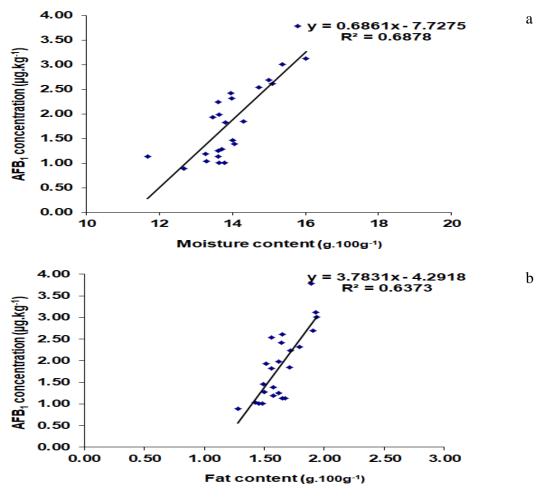


Figure 4. Correlation between moisture content, fat content and AFB1 concentration detected in wheat grain samples collected from the Egyptian local markets during the period (2017-2018). a) moisture content vs. AFB1 concentration, and b) fat content vs. AFB1 concentration.

Conclusion

In conclusion, for the proper storage of wheat grains, environmental factors such as moisture content and temperature must be controlled. Such factors are the major influences of wheat deterioration, because they affect fungi growth and produce toxin such as Aflatoxin B₁ (AFB₁). Relationship was observed between grains initial fat content and AFB₁ formation, but interpretation of such point will require further studies. Finally, consumption of some wheat sampled storage by traditional methods i.e. in open shounas and/or shades can pose a potential risk of development of various diseases in human as the result of such wheat grains with high levels of AFB₁.



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تواجد الأفلاتوكسين ب 1 في عينات حبوب القمح المخزنة في المنازل المصرية: دراسات موسمية ومكانية

 3 أهداب عبده المعداوي 1 ، أيمان بدوى محمد محرم

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المستخلص:

تهدف الدراسة الحالية الى استكشاف تواجد الأفلاتوكسين ب 1 والتى تعد واحدة من أكثر السموم الفطرية أهمية وكذلك أحد المواد الفعالة الطبيعية ذات القدرة على إحداث السرطان في عينات حبوب القمح المخزنة في المنازل المصرية. تم جمع عينات حبوب القمح من عدة قرى مختلفة بمحافظتي الزقازيق والمنيا بجمهورية مصر العربية، خلال الفترة (2017-2018) وقد تم استخدامها على الفور لتقدير نسبة تركيز الافلاتوكسين 1 ونسبة الدهون ومحتوى الرطوبة 1 ولقد الى 3.79 الى 3.12 الى 3.79 الى 3.79ميكرو جرام/ كجم بالنسبة لعينات محافظات الشرقية والمنيا على التوالي. ايضا سجل محتوى الرطوبة والدهن فيما تراوحت بين 12,67 التي 1,28 ، 16,02 التي 1,93 جرام/ 100 جرام (لعينات محافظة الشرقية)، 12,79 الى 15,79 الى 1,42 ، 15,79 جرام/ 100 جرام (لعينات محافظة المنيا) على التوالي. كما شوهد أن العينات ذات التركيز المرتفع من أفلاتوكسين ب1 قد صاحبه محتوى مرتفع من الرطوبة والدهن. كما لوحظ أن أكثر من 33,33، 41.61% من عينات حبوب القمح المختبرة بمحافظتي الشرقية والمنيا قد سجلت تركيزات من أفلاتوكسين ب1 أكثر من الحدود المسموح بها لإستهلاك الإنسان (2 ميكروجرام/ كيلوجرام). كما أظهرت نتائج التحاليل الإحصائية أن هناك علاقة معنوية موجبة ($p \le 0.05$) بين محتوى الرطوبة ($r^2 = 0.6878$)، والدهن ($r^2 = 0.6373$) وتركيز افلاتوكسين ب1 . وهذا الترابط يوضح مدى العلاقة بين تركيز الرطوبة الذي يؤثر بشكل رئيسي على معدل تركيز الأفلاتوكسين ب1 في عينات حبوب القمح المختبرة في حين ان محتوى الدهون يؤثر تأثيرا جزئيا على معدل تركيز الأفلاتوكسين ب1. كما أن النتائج المتحصل عليها توضح أن تركيز الأفلاتوكسين ب1 يتأثر بشكل ملحوظ بالعوامل الموسمية والمكانية. وبذلك نكون قد توصلنا إلى أن استهلاك عينات القمح المخزنة بالطرق التقليدية تشكل خطورة كبيرة وكعامل خطورة على ظهور أمراض مختلفة على صحة الإنسان لإحتوائها على مستويات مرتفعة من الأفلاتوكسينات. كذلك يجب أخذ المؤثرات البيئية كالرطوبة ومحتوى الدهون ودرجة الحرارة بعين الإعتبار عند التخزين السليم لحبوب القمح.

الكلمات المفتاحية: حبوب القمح ، أفلاتوكسين $_1$ ، الرطوبة ، الدهن ، محافظة المنيا، محافظة الشرقية، تحليل الارتباط.

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